



Ask Josh
YOUR QUESTION SOLUTION

10 Quick Steps to Make Mac Run faster

#	Step	Details
1	Restart Computer before Starting	<ul style="list-style-type: none">It is recommended to restart your computer after each of the below steps to help with the clean-up process.
2	Clear some Free Space	<ul style="list-style-type: none">Open the Apple menu and select About This Mac > Storage to find out how much storage you're currently using. This shows you a breakdown of the file types taking up your storage, including System, Documents, Photos, and more.If you don't have much free space, click Manage to see what you can do about it.
3	Check Activity Monitor	<ul style="list-style-type: none">If you find an app or process using more power than it should, highlight it and click the Stop Sign icon to close it down. Make sure you only close processes you're familiar with to avoid damaging macOS.
4	Reduce Login Items	<ul style="list-style-type: none">Is your Mac slow to boot up? You might have too many applications opening at startup. Go to System Preferences > Users & Groups and select your user account. Then click the Login Items tab to see a list of everything that launches whenever you log in.Highlight the apps you don't always want to open and click the Minus (-) button to remove them. This doesn't delete the app from your Mac; it only stops it launching automatically when you log in.
5	Empty Caches	<ul style="list-style-type: none">Launch Finder and open the Go option from the menu bar.Hold Option and click the Library option that appears in the menu bar.Open the Caches folder, then move its entire contents to the Trash.If prompted, enter your administrator password, then Empty Trash.



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6	Run First Aid on Disk	<ul style="list-style-type: none">• To run First Aid on your Mac, launch Disk Utility from the Utilities folder in your Applications (or find it with Spotlight). Then select your startup disk in the sidebar; this is usually called Macintosh HD. If there are two Macintosh HD options, choose the one that says Data.• Now click First Aid at the top of Disk Utility to start running First Aid. <p>If First Aid encounters any problems that it can't repair, try booting into Recovery mode on your Mac and running it again. If that doesn't work, you may need a physical repair.</p>
7	Reindex Spotlight	<ul style="list-style-type: none">• Go to System Preferences > Spotlight, then click the Privacy tab.• Use the Add (+) button to select Macintosh HD from the sidebar, telling Spotlight to ignore it.• Now select Macintosh HD in the list and use the Minus (-) button to remove it, telling Spotlight to index and search it again.
8	Update your Apps	<ul style="list-style-type: none">• Open the App Store and click Updates to find and install app updates as well. For apps you installed outside the App Store, visit the developers' websites to get the latest updates.
9	Install Latest OS Updates	<ul style="list-style-type: none">• Go to System Preferences > Software Update to look for new macOS updates. Enable the Automatically keep my Mac up to date option to avoid this hassle in the future.
10	Use a reputable clean-up tool	<ul style="list-style-type: none">• There are many third-party clean-up tools available online that can help you clean up junk files, optimize performance, and maintain your Mac's health. However, it's important to choose a reputable tool to avoid any potential issues. Ask Josh can provide personalized recommendations for the best clean-up tools based on your needs and system requirements. Contact us today to get started.

Still having issues schedule a free consultation

<https://askjoshtech.com/pdf-mac-cleanup>