



**Ask Josh**  
YOUR QUESTION SOLUTION

# 10 Quick Steps to Make Windows 11 Run faster

| # | Step                             | Details   |
|---|----------------------------------|---|
| 1 | Restart Computer before Starting | <ul style="list-style-type: none"><li>• It is recommended to restart your computer after each of the below steps to help with the clean-up process.</li></ul>   |
| 2 | Create Backup                    | <ul style="list-style-type: none"><li>• Create a system backup of your files, using the Windows 11 Backup function.</li></ul>   |
| 3 | Manage autostart programs        | <ul style="list-style-type: none"><li>• Launch the Task Manager using the key combination <b>[Ctrl] + [Shift] + [Esc]</b>.</li><li>• Switch to <b>"Autostart"</b>.</li><li>• Check the <b>"Status"</b> column for programs listed as <b>"activated"</b>.</li><li>• Select the entry of the program you wish to deactivate and right-click on it.</li><li>• Click on <b>"Disable"</b>.</li></ul>   |
| 4 | Clear Temporary Files            | <ul style="list-style-type: none"><li>• Press the key combination <b>[Windows] key + [R]</b> or open the <b>"Run"</b> dialog via the Start menu.</li><li>• Type <b>"%temp%"</b> and press <b>Enter</b>.</li><li>• Select all the files and delete.</li><li>• Some files might not be deleted and that is fine. Delete the ones it allows you to.</li></ul>  |
| 5 | Clear memory via disk cleanup    | <ul style="list-style-type: none"><li>• Press the key combination <b>[Windows] key + [R]</b> or open the <b>"Run"</b> dialog via the Start menu.</li><li>• Type <b>"cleanmgr"</b> and press Enter.</li><li>• Select the files you wish to remove from the system by placing a check mark in the corresponding box.</li><li>• Press <b>"OK"</b> and confirm deletion with <b>"Delete Files"</b>.</li><li>• The progress bar displays how far along the system is in the deletion process.</li><li>• If you want to boost capacity, select the <b>"Clean up system files"</b> option to permanently delete obsolete Windows update and log files.</li></ul> |



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| 6  | Uninstall obsolete programs | <ul style="list-style-type: none"><li>• Scroll to the <b>program</b> you wish to uninstall.</li><li>• Press the <b>three-dot icon</b>.</li><li>• Select the <b>"Uninstall"</b> option.</li><li>• Confirm deinstallation by pressing <b>"Uninstall"</b> again in the following window.</li></ul>   |
| 7  | Turn off visual effects     | <ul style="list-style-type: none"><li>• Use the key combination <b>[Windows] key + [R]</b> or open the <b>"Run"</b> dialog via the Start menu.</li><li>• Execute the input <b>"sysdm.cpl"</b>.</li><li>• Switch to the <b>"Advanced"</b> tab.</li><li>• In the <b>"Performance"</b> section, press <b>"Settings"</b>.</li><li>• Select the <b>"Adjust for best performance"</b> option and confirm the change by clicking <b>"Apply"</b> and <b>"OK"</b> in succession.</li></ul> |
| 8  | Turn off background apps    | <ul style="list-style-type: none"><li>• Use the key combination <b>[Windows] key + [X]</b>.</li><li>• Select the <b>"Apps &amp; features"</b> entry.</li><li>• Scroll to the entry of the background app you wish to adjust settings for.</li><li>• Click on the three-dot icon and then on <b>"Advanced options"</b>.</li><li>• In the "Background apps permissions" section, select <b>"Never"</b>.</li></ul>   |
| 9  | Defragmentation             | <ul style="list-style-type: none"><li>• Use the key combination <b>[Windows] key + [R]</b> or open the <b>"Run"</b> dialog via the Start menu.</li><li>• Type <b>"dfrgui"</b> and confirm the command by pressing the Enter key.</li><li>• Select the desired hard disk and press <b>"Optimize"</b>.</li></ul>  |
| 10 | Update Windows              | <ul style="list-style-type: none"><li>• Launch the <b>start menu</b>.</li><li>• Launch <b>Settings</b>.</li><li>• In the left, click on <b>"Windows Update"</b>.</li><li>• Click on <b>"Check for updates"</b>.</li></ul>   |

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